

LANGUAGE LEARNING COMPANION



Intercambio
plus

For more details visit
intercambioplus.eu



INTERMEDIATE LEVEL



Co-founded by the
Erasmus+ Programme
of the European Union



Welcome

The language learning companion has been put together as part of our Intercambio Plus project to help you learn and put into practice your language skills as you explore life in another country and integrate into the local culture.

We explain how you can use intercambios to improve your language skills and cultural understanding and provide exercises to support you in sparking conversations. Each topic contains useful vocabulary and conversation prompts to practice with a language exchange partner. We also include some language learning games and activities that can help you with your speaking skills when you take part in an intercambio.

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WHAT IS AN INTERCAMBIO?

Intercambio is the Spanish word for 'exchange', an exchange is defined as an act of giving one thing and receiving another (especially of the same kind) in return. At intercambios, we are exchanging one of the most valuable things humans have: language! In an intercambio, people from various nationalities meet and practice their foreign language skills. It's a great way to improve fluency and meet new people, especially locals!

It can be difficult to strike up a conversation beyond ordering food or asking for directions, which is where intercambios come in useful. They are language exchanges hosted in relaxed venues allowing you to mix with people from all over the world and practice your language skills outside the classroom. Intercambios also help you learn more about the culture, local expressions and slang, and make friends. During an intercambio, it is vital to loosen up and not worry about making mistakes: practice makes perfect!

In this handbook for intermediate level learners of Italian or English, you will find several activities and games you can try during an intercambio to encourage both fun and imagination.

FINDING AN INTERCAMBIO

The best way to find your nearest intercambio is to search on a social media site, such as Facebook or Instagram, or check our website events page. Some intercambio groups have a WhatsApp group chat that you can be added to so you can stay up to date on when and where

they're taking place. Intercambios are social occasions so try not to be shy! If you are still unsure then check out our project's blog at www.intercambioplus.eu to read about all the benefits and tips for attending an intercambio near you.

HOW TO USE THE COMPANION

The Companion is designed to support your learning experience at language exchanges by providing a range of topics with conversation prompts to inspire your practice, improve your level and informally assess your progress.

For each topic we've created a series of vocabulary lists and conversation prompts that are suited to each language learning level and that also take into account verb tenses, vocabulary and grammar.

The main goal here is to have a real conversation that is adapted to your language learning level. Your partner - a native or advanced speaker in the language you're learning - will check your performance and sign off each prompt once completed. There's no need to follow the order of topics or prompts, pick and choose and let the conversation flow naturally. Try to speak as much as possible, don't be scared of making mistakes and help each other - it's a language exchange after all!

We hope you enjoy these materials and encourage you to use your imagination and interest to think about new topics. Learn and have fun!



Conversation Topics

Transport and Travel



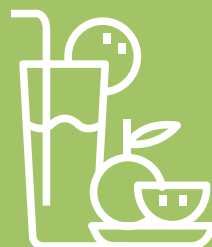
Working life



Exploring culture



Food and drink



Local history



Language & culture





Transport and Travel

Transporti e Viaggio

Introduction

Talking about transport and travel can help you find your way in any city, and also discover new places you want to travel to. Learning vocabulary and expressions related to this topic can also be useful any time you go to a Italian or English speaking country and help you get the most out of your trip. Some helpful vocabulary and conversation prompts have been compiled below to help your language exchange.

Vocabulary

Nouns		Adjectives		Verbs	
Customs office	Ufficio doganale	Empty	Vuoto/a	To transit	Transitare
Flight assistant	Assistente di volo	Travel-sick	Malato/a	To commute	Fare il pendolare
Traffic	Traffico	Adventurous	Aventuroso/a	To check in	Fare il check-in
Aviation	Aviazione	Uneventful	Tranquillo/a	To drop off	Lasciare la macchina
Excursion	Escursione	Scenic	Scenico/a	To take off	Decollare
Traveller	Viaggiatore	Trendy	Di tendenza	To land	Atterrare



Conversation prompts

Your trip here

How did you get to the venue? Describe your trip here to your partner.

Come sei arrivato al locale? Descrivi al tuo compagno il tuo viaggio verso questo paese.

What's your opinion of the local public transport? Is it similar to where you're from?

Qual è la tua opinione sul trasporto pubblico locale? È simile a quello del tuo paese?

Common means of transport

What means of transport do you use most? How is it different from other forms of transport?

Quale mezzo di trasporto usi di più? In che modo è diverso dalle altre forme di trasporto?

Do you try to use environmentally friendly means of transport? What are the benefits?

Cerchi di usare mezzi di trasporto ecologici? Quali sono i benefici?

Travel

When travelling, do you prefer to go far away or visit locations that are closer? Have you always preferred that?

Quando viaggi, preferisci andare lontano o visitare luoghi più vicini? Hai sempre preferito questo?

What city or country would you recommend to visit? How come?

Quale città o paese consiglieresti di visitare? Come mai?

Talk about your experience in that place and why you enjoyed it.

Parla della tua esperienza in quel posto e del perché ti è piaciuto.



Stories

Tell a funny or interesting anecdote about your last trip.

Racconta un aneddoto divertente o interessante sul tuo ultimo viaggio.

What did you learn from this experience?

Cosa hai imparato da questa esperienza?

Can you think of a funny or exciting travel experience from a film or book that you enjoyed?

Ti viene in mente un'esperienza di viaggio divertente o emozionante tratta da un film o da un libro che ti è piaciuta?

Travel plans

Where would you like to travel next and why?

Dove vorresti viaggiare prossimamente e perché?

Who would you travel with and why?

Con chi viaggeresti e perché?

What would your dream trip be like?

Come sarebbe il tuo viaggio da sogno?

Where is somewhere you have no interest in travelling to and why?

Dov'è un posto in cui non hai interesse a viaggiare e perché?

If you had the chance, would you travel to space? What do you imagine it would be like?

Se ne avessi la possibilità, viaggeresti nello spazio? Come ti immagini che sarebbe?



Working Life

Vita lavorativa

Introduction

Talking and learning about working life in a new place can give an insight into the different work cultures and expectations. This can help you navigate working life and integrate more easily. It can also be interesting to see how much your language partner's perspective on work-related topics differs from your own. Use the conversation prompts along with the useful vocabulary below to guide your discussion and, as always, remember to note down any new words or terms!

Vocabulary

Nouns		Adjectives		Verbs	
Colleague	Collega	Conventional	Convenzionale	To perform	Eeguire
Boss	Capo	Exceptional	Eccezionale	To take over	Prendere il sopravvento
Discrimination	Discriminazione	Challenging	Impegnativo/a	To achieve	Raggiungere
Customer	Cliente	Rewarding	Ricompensante	To focus	Concentrarsi
Promotion	Promozione	Collaborative	Collaborativo/a	To burn out	Brucciarsi
Salary	Stipendio	Engaging	Coinvolgente	To slack off	Rallentare



Conversation prompts

Work environment

Do you think that finding a job or pursuing a career is difficult nowadays?

Pensi che trovare un lavoro o fare carriera sia difficile al giorno d'oggi?

What types of businesses are successful in your country or industry?

Quali tipi di imprese hanno successo nel tuo paese o nel tuo settore?

Has the job market in your country changed in the last few years? In what sense?

Il mercato del lavoro nel tuo paese è cambiato negli ultimi anni? In che senso?

Working culture

Is it common in your country that people are expected to work overtime?

È comune nel tuo paese che ci si aspetti che le persone facciano gli straordinari?

What is the usual retirement age in your country? Should it change?

Qual è l'età pensionabile abituale nel tuo paese? Dovrebbe cambiare?

Do you prefer a more relaxed or formal work culture? What are the pros and cons of each?

Preferisci una cultura del lavoro più rilassata o formale? Quali sono i pro e i contro di ciascuna?

Do you think there is a gender gap in the average workplace? If so, how can it be closed?

Pensi che ci sia un divario di genere nel posto di lavoro medio? Se sì, come può essere colmato?



Work experience

How important is work for you? Do you think it is possible to balance your personal life and a successful career?

Quanto è importante il lavoro per te? Pensi che sia possibile bilanciare la tua vita personale e una carriera di successo?

For some people it is common to get jobs when they are still at school. Did you have one? What was it?

Per alcune persone è comune trovare lavoro quando sono ancora a scuola. Ne hai avuto uno? Che cos'era?

Is it common for people in your country to work abroad? Have you or anyone you know had this experience?

È comune per le persone del tuo paese lavorare all'estero? Tu o qualcuno che conosci ha avuto questa esperienza?

What has been your best or your worst working experience so far? Share a story!

Qual è stata la tua migliore o peggiore esperienza lavorativa finora? Condividi una storia!

Career plans

Are you happy in your current role or would you like to do something else?

Sei felice nel tuo ruolo attuale o vorresti fare qualcos'altro?

Have you thought about doing courses or training to improve your skills or gain new ones?

Hai pensato di fare corsi o formazione per migliorare le tue competenze o acquisirne di nuove?

Future of work

How has technology transformed the way we work? Do you think it's a good or bad thing?

In che modo la tecnologia ha trasformato il nostro modo di lavorare? Pensi che sia una cosa buona o cattiva?

What do you think will be the important sectors of the future? What types of jobs will they create?

Quali pensi che saranno i settori importanti del futuro? Quali tipi di lavoro creeranno?



Exploring Culture

Esplorare la Cultura

Introduction

Culture is often the part of a place that makes it stand out from others. It is a combination of the history, people, customs and arts that have accumulated in an area. Talking about the culture can help you see how other people see your city or to see how a local views the area. We have put together some conversation prompts to talk about the importance of culture, differences in culture and recommendations and plans for places to visit and experience. There is also some useful vocabulary to help you along. Make sure to note down any new or important words you pick up.

Vocabulary

Nouns		Adjectives		Verbs	
Society	Società	Contemporary	Contemporaneo/a	To perform	Eeguire
Ideology	Ideologia	Multicultural	Multiculturale	To conserve	Conservare
Representation	Rappresentazione	Westernised	Occidentalizzato/a	To assemble	Assemblare
Sculpture	Scultura	Diverse	Diverso/a	To comprehend	Comprendere
Painting	Pittura	Exceptional	Eccezionale	To immerse	Immergere
Antiquity	Antichità	Abstract	Astratto/a	To politicise	Politicizzare



Conversation prompts

Cultures

What does culture mean to you?

Cosa significa per te la cultura?

Do you think it's important to preserve culture? In what way?

Pensi che sia importante preservare la cultura? In che modo?

Do you like learning about new cultures? Why?

Ti piace conoscere nuove culture? Perché?

How do you think meeting people from other cultures can be inspiring?

In che modo pensi che incontrare persone di altre culture possa essere stimolante?

Describe your first memorable encounter with another culture.

Descrivi il tuo primo incontro memorabile con un'altra cultura.

Cultural comparisons

What stands out to you most about the culture here?

Cosa ti colpisce di più della cultura qui?

Do you think the culture here is different to the culture where you are from?

Pensi che la cultura qui sia diversa da quella del tuo paese?

Cultural attractions

What do you think the cultural highlights / attractions of this area are?

Quali sono, secondo te, i punti di forza / le attrazioni culturali di questa zona?

Why do you think they are popular as cultural attractions?

Perché pensa che siano popolari come attrazioni culturali?

Are the cultural attractions similar to the ones you can find in the city you come from?

Le attrazioni culturali sono simili a quelle che puoi trovare nella città da cui provieni?



Recommendations

What would you recommend to see or do here? Why are they special?

Cosa consiglieresti di vedere o fare qui? Perché sono speciali?

Describe the last cultural attraction that you visited. What were your impressions? Would you recommend it?

Descrivi l'ultima attrazione culturale che hai visitato. Quali sono state le tue impressioni? La consiglieresti?

Your plans

Is there a cultural attraction that you would like to see?

Why would you like to see it?

C'è un'attrazione culturale che ti piacerebbe vedere?

Perché ti piacerebbe vederla?

Is there anything else here that you think is important to see to learn more about the local culture?

C'è qualcos'altro qui che pensi sia importante da vedere per conoscere meglio la cultura locale?

What are you planning to see or visit next? Share what you will see and do for a day or weekend.

Cosa hai intenzione di vedere o visitare prossimamente?

Condividi ciò che vedrai e farai per un giorno o un fine settimana.



Food and Drink

Cibo e bevande

Introduction

New cities often have unique traditional dishes that you can try as a part of getting to know the culture. Talking to your language partner about food and drink can also help you get to know them in more depth as food and drink are often related to family and childhood memories. They can also give you some new recommendations of restaurants and bars to visit. Use the conversation prompts to chat about this topic. There are some useful words listed below to help you. Remember to note down any unfamiliar words or phrases!

Vocabulary

Nouns		Adjectives		Verbs	
Delicacy	Prelibatezze	Savory	Saporito/a	To create	Creare
Groceries	Drogheria	Aromatic	Aromatico/a	To indulge	Concedersi
Nutrition	Nutrizione	Flavorful	Saporito/a	To savour	Assaporare
Food poisoning	Intossicazione alimentare	Mild	Mite	To prepare	Preparare
Tasting	Degustazione	Bland	Insipido/a	To season	Condire
Cutlery	Posate	Greasy	Grasso/a	To consume	Consumare



Conversation prompts

Eating out

What are common starters, main courses and desserts on a menu in your country?

Quali sono gli antipasti, le portate principali e i dessert più comuni in un menu nel tuo paese?

What was the most interesting restaurant you've ever been to? What dishes did you order?

Qual è stato il ristorante più interessante in cui sei stato/a? Quali piatti hai ordinato?

When you go out with a group of people to eat, do you split the bill? How is it decided? Do you tip?

Quando si va a mangiare con un gruppo di persone, si divide il conto? Come si decide? Dai la mancia?

Where would you like to eat out next? What kind of cuisine will it be?

Dove vorresti mangiare fuori la prossima volta? Che tipo di cucina sarà?

Food nostalgia

Do you remember the first time you tasted the cuisine of a different culture? What was it, and did you like it? What were the circumstances?

Ti ricordi la prima volta che hai assaggiato la cucina di un'altra cultura? Che cos'era e ti è piaciuto? Quali erano le circostanze?

Were there any foods you hated but were forced to eat as a child?

C'erano dei cibi che odiavi ma che eri costretto a mangiare da bambino?

What was your favourite food growing up as a child? When was the last time you tried it?

Qual era il tuo cibo preferito da bambino? Quando è stata l'ultima volta che l'hai provato?



Habits and customs

Which drink is popular in your culture? Do you personally like it?

Quale bevanda è popolare nella tua cultura? Ti piace personalmente?

Do you bring your host a gift when they invite you to dinner?

What type of gift do you think is appropriate?

Porti un regalo al tuo ospite quando ti invita a cena? Che tipo di regalo pensi sia appropriato?

Healthy

Are you worried about an increase in unhealthy lifestyles in your country?

Sei preoccupato/a per l'aumento di stili di vita malsani nel tuo paese?

Do you think eating healthily is expensive?

Pensi che mangiare sano sia costoso?

Do you consider a vegan or vegetarian diet healthy? Have you ever tried one?

Consideri sana una dieta vegana o vegetariana? Ne hai mai provato una?

Shopping and cooking

When buying food, how do supermarkets compare to food markets? For example, in terms of quality, price and range?

Quando si acquista del cibo, come si confrontano i supermercati con i mercati alimentari? Per esempio, in termini di qualità, prezzo e gamma?

Do you have a food market in your town or city? Is it possible to buy fresh produce and local dishes there? What types of food are available?

C'è un mercato alimentare nella tua città? È possibile acquistare lì prodotti freschi e piatti locali? Quali tipi di cibo sono disponibili?

What is your favourite dish to cook? Tell your partner how to cook it!

Qual è il tuo piatto preferito da cucinare? Dì al tuo compagno come cucinarlo!



History

Storia

Introduction

Every place you visit will have its own individual history which has shaped it and the people who live there. Through talking about this you can learn parts of history that you didn't know, giving context to the place you're living. By sharing your own local history with your language partner using the conversation prompts, you can find similarities and differences between your home and where you are now. Remember to note down any unknown words and phrases, historical events, or historical sites you want to visit.

Vocabulary

Nouns		Adjectives		Verbs	
Record	Documento	Derelict	Derelitto/a	To surrender	Arrendersi
Cathedral	Cattedrale	Centenarian	Centenario/a	To retain	Trattenere
Government	Governo	Contemporary	Contemporaneo/a	To discover	Scoprire
Town hall	Municipio	Eccentric	Eccentrico/a	To construct	Costruire
Architect	Architetto	Distinctive	Distintivo/a	To destroy	Distruggere
Empire	Impero	Renovated	Rinnovato/a	To conquer	Conquistare



Conversation prompts

Interest in history

Do you think it is important to learn about history? Why?

Pensi che sia importante imparare la storia? Perché?

What type (social, economic, political, artistic) of history do you find the most interesting?

Quale tipo (sociale, economico, politico, artistico) di storia trovi più interessante?

What do you think it's the best way to learn about the local history of a place?

Quale pensi sia il modo migliore per conoscere la storia locale di un luogo?

Do you prefer learning about local history by visiting historical places and museums or by reading history books?

Preferisci imparare la storia locale visitando luoghi e musei storici o leggendo libri di storia?

Architecture

What is the most important historical building or monument in your city? Why is it so important?

Qual è l'edificio o il monumento storico più importante della tua città? Perché è così importante?

Do you prefer to live in a modern or historical part of the city?

Preferisci vivere in una parte moderna o storica della città?

Local history

Did you know much about the history here before you moved?

Conoscevi molto della storia di questo posto prima di trasferirti?





What interests you about its history? Would you like to learn more about it?

Cosa ti interessa della sua storia? Ti piacerebbe saperne di più?

Do you know any museums that interest you? Which ones have you already visited and which ones would you like to visit?

Conosci qualche museo che ti interessa? Quali hai già visitato e quali vorresti visitare?

Sharing history

Who is an important historical figure from your country? Why are they important?

Chi è una figura storica importante del tuo paese? Perché sono importanti?

Do you feel proud of the traditions and history of the place you're from? Why?

Ti senti orgoglioso/a delle tradizioni e della storia del luogo da cui provieni? Perché?

What does your country's history have in common with the history here?

Cosa ha in comune la storia del tuo paese con la storia di qui?

Opinions

Do you think statues or monuments of people are important or necessary to remember history?

Pensi che statue o monumenti di persone siano importanti o necessari per ricordare la storia?

If you could time travel, what time period in history would you like to travel to?

Se potessi viaggiare nel tempo, in quale periodo storico ti piacerebbe andare?

What do you believe people in 100 years will think about our current time?

Cosa credi che la gente tra 100 anni penserà del nostro tempo attuale?



Language and Culture

Lingua e cultura

Introduction

Learning a language will be one of the main reasons you have taken part in this intercambio, so talking about local phrases, expressions and what you find challenging is a great way to enhance your experience. Use the conversation prompts to initiate a discussion about the importance of language, local accents and expressions, and your own experience learning languages. Remember to note down local expressions and words to impress others!

Vocabulary

Nouns		Adjectives		Verbs	
Accent	Accento	Colloquial	Colloquiale	To recollect	Ricordare
Dialect	Dialetto	Inspiring	Ispirante	To pronounce	Pronunciare
Slang	Slang	Stimulating	Stimolante	To articulate	Articolare
Misunderstanding	Incomprensione	Expressive	Espressivo	To conjugate	Coniugare
Saying	Detto	Contextual	Contestuale	To comprehend	Comprendere
Idiom	Idioma	Metaphorical	Metaforico/a	To recite	Recitare



Conversation prompts

Importance of language

Would you agree that learning the language is important in order to feel included? Why?

Sei d'accordo che imparare la lingua è importante per sentirsi inclusi? Perché?

What language would you like to learn the most and why?

Quale lingua vorresti imparare di più e perché?

What motivates you to keep learning and improving your language skills?

Cosa ti spinge a continuare ad imparare e a migliorare le tue abilità linguistiche?

Do you think people in your country are helpful and understanding with foreigners who don't know the language?

Pensi che le persone nel tuo paese siano disponibili e comprensive con gli stranieri che non conoscono la lingua?

Expressions and local phrases

Share and explain a common phrase in your own language. Is there an equivalent one in your partner's language?

Condividi e spiega una frase comune nella tua lingua. Ce n'è una equivalente nella lingua del tuo compagno?

What are your favourite words or phrases in your native language? Explain their meaning.

Quali sono le tue parole o frasi preferite nella tua lingua madre? Spiega il loro significato.

What have been the most useful phrases you've used here so far?

Quali sono state le frasi più utili che hai usato qui finora?



Language variety

What is the most difficult part of learning a language? And the easiest?

Secondo te, qual è la parte più difficile dell'apprendimento di una lingua? E la più facile?

Is it common in your country for people to speak more than one language? What are other popular languages?

È comune nel tuo paese che le persone parlino più di una lingua? Quali sono le altre lingue popolari?

What is one stereotype about the language we're speaking right now? Do you agree with it?

Qual è uno stereotipo sulla lingua che stiamo parlando in questo momento? Sei d'accordo con esso?

How does your dialect or accent differ from the rest of your country?

In che modo il tuo dialetto o accento differisce dal resto del tuo paese?

Do you think the local accent here is difficult or easy to understand? How do you think it compares to other accents in the language?

Pensi che l'accento locale qui sia difficile o facile da capire? Come pensi che si confronti con altri accenti della lingua?

Progression

What do you think are some of the best ways to practice and improve your language learning?

Quali pensi che siano alcuni dei modi migliori per praticare e migliorare il tuo apprendimento della lingua?

Can you remember when you felt you were making the most progress with your language learning?

Riesci a ricordare quando hai sentito che stavi facendo più progressi nel tuo apprendimento della lingua?

Is there a specific method or trick that you use to learn new words/expressions?

C'è un metodo o un trucco specifico che usi per imparare nuove parole/espressioni?

ACTIVITIES & GAMES

Twenty questions

Write the name of a celebrity, an animal, or an object on a sticky note or piece of paper and stick it to a player's forehead for everyone else but them to see. Next, the person has up to 20 questions to ask in their target language to correctly guess what's on their card. These questions can only have yes/no answers which can make things a bit harder.

This game uses all the vocabulary that you know while also learning grammar, sentence structure, and pronunciation.



Scenes from a hat

Write down some ideas and topics on pieces of paper. Throw these papers into a hat. You and your partner then take one paper out at a time and have a conversation about the topic for a few minutes.

Examples:

Differences between today and the year 3000
If F.R.I.E.N.D.S was still airing
Bad Valentine's day gifts

Films

Films are perfect for intermediate or advanced learners. It's the best way to train your ears to listen to real-life language. You can go to the cinema and watch the latest thriller or you can opt for watching a film at home together. This will allow you to stop and rewind in case you need explanations. Don't forget to turn your subtitles on, unless you really want to challenge yourself. Netflix has a variety of films in many languages. Children's films, short films, or silent films are excellent for beginners.

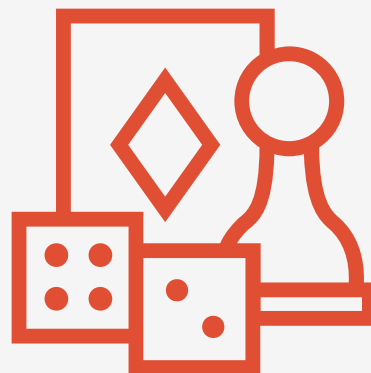
Word association

This game is super easy and fun to play. The first player thinks of a word and then says it out loud. The next person has to say whatever comes to their mind when hearing that word (in the target language, of course!) and then the next person does the same and so on.

Example:

Sea, Fish, Chips, Ketchup, Bottle, Milk, Cows, Farm

What's beneficial about this game is that the players have to think really fast, as the point is to say the first thing that comes into your mind. This helps develop quick-thinking which is really important when learning to speak a new language.



Personality quizzes

These quizzes are a fun way to learn a language. There are many personality tests available online, pick one in the language that you are learning and answer it with the help of your language partner. Do not forget this is only for learning purposes, so try not to take the results too seriously. You can also compare your results together with your language partner results.

PROGRESS TRACKER

This section of your Language Learning Companion is a space for you to write down any new words, phrases or expressions you may have heard during an intercambio...



Three verbs I have learnt

<hr/> <hr/> <hr/> <hr/>

Three adjectives I have learnt

<hr/> <hr/> <hr/> <hr/>

Three nouns I have learnt

Three phrases I have learnt

TARGETS: Three things I would like to learn at my next intercambio

FURTHER RESOURCES

You can access additional resources to support your language learning on our Intercambio Plus website. There you'll find European city guides, blog posts about maximising your learning, relevant news and events, and forums to interact with other learners and participate in cultural exchange. For educators, there's also information about organising and using your intercambios to complement your teaching and ways to promote events with us.



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Capacity Ireland



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DSC Formation et Développement



Synopsis Practice



Materahub



Brighton Third Sector Training

